



RBC Sports Week in Cranbrook

November 16th-21st



Monday November 16th – 4:00-6:00pm Volleyball Camp with the Avs

-First 25 kids to register, Cost \$5.00

-Ages 10-12

Tuesday November 17th- 1:00-3:00pm Community Drop-in Climbing Wall time

-Cost \$5.00

Wednesday November 18th- 3:30-5:00pm Indoor Soccer Camp

-First 25 to register, Cost \$2.00

-Ages 9-11

Friday November 20th- National Jersey Challenge

Saturday November 21st- 9:00-11:30 am NCCP Fundamental Movement Skill Workshop

Saturday November 21st- **Avalanche Volleyball Game and Spirit Day!!!!**

-11:30-12:45pm Face Painting, BBQ, Wear Blue and White, Fun Activities

-1:00 Avs Volleyball Games, a limited amount of free tickets will be available to the schools

**To Register for any of the camps please contact the Campus Life Office at the College of the Rockies
Ph. 250-489-2751 ext. 3572 or stop in and register in person at the college Gym Office.**

To Register for the NCCP FMS workshop please contact Sandi Lavery at lavery@cotr.bc.ca or Jodie Pickering at jpickering@cotr.bc.ca or by ph. 250-489-2751 ext. 3539